

Sunday Adult Forums

10:15 am in the Parish House



January 11

SPIRITUALITY, HEALTH AND WHOLENESS

Led by Barbara Wingate

Barbara Wingate, M.D., M.S.W. Dr. Wingate is medical director of Mandala Healing Center, a holistic psychiatric practice in Philadelphia. Dr. Wingate is a traditionally trained psychiatrist who has welcomed and incorporated the addition of complementary and alternative methods to maximize health in both her personal life and her care of patients. Besides being board certified in adult psychiatry she has been trained and certified in Kundalini Yoga and Meditation and is a Diplomat of the American Board of Holistic Medicine. She enjoys both her private practice and adjunctive teaching of medical students and psychiatric residents at the University of Pennsylvania.

Sermon Reflection Group will meet this week.



Coffee and light refreshments served.

